

## Copa Continental Playa Hermosa

Nombre	1er Apellido	2do Apellido	DISTANCIA	Categoría	EQUIPO
bernardo	esquivel	bolaños	SPRINT	14-15	CCDR Poás
Carlos	Morera	Rodríguez	SPRINT	14-15	TRIBELEN
Catalina	Granados	Badilla	SPRINT	14-15	TRIBELEN
Christopher	CALDERON	PEREZ	SPRINT	14-15	TRIBELEN
Christopher	Calderón	Peréz	SPRINT	14-15	TRIBELEN
DANIEL	ARIAS	JIMENES	SPRINT	14-15	CCDR HEREDIA
DANIEL FRANCISCO	MELENDEZ	AGUILAR	SPRINT	14-15	FUSION 3 LIBERIA
Daniela	Verzola	Amador	SPRINT	14-15	CCDR Montes de Oca
Diego	Espinoza	Murillo	SPRINT	14-15	CCDR Poás
ESTEBAN	CABALCETA	ACOSTA	SPRINT	14-15	MOMIA COACHING
ESTEBAN	CERDAS	ODIO	SPRINT	14-15	AUDAX
felipe	salazar	loria	SPRINT	14-15	LIBERIA
FERNANDO	ALVARADO	GRANADOS	SPRINT	14-15	MOMIA COACHING
FERNANDO	ALVARADO	GRANADOS	SPRINT	14-15	Momia Coaching
IORELA	VEGA	ARAYA	SPRINT	14-15	CODEA
FRANCISCO	COTO	ALCAZAR	SPRINT	14-15	ACATRI
JONATHAN	ROJAS	UMAÑA	SPRINT	14-15	CODEA
JOSE PABLO	FLORES	VEGA	SPRINT	14-15	MOMIA COACHING
juan carlos	hernandez	quesada	SPRINT	14-15	CCDR Poás
Juan Manuel	Cordoba	Blanco	SPRINT	14-15	TRIBELEN
Justin	Madrigal	Martinez	SPRINT	14-15	CCDR Montes de Oca
Justin	Silva	Salgado	SPRINT	14-15	TRIBELEN
MARIO	MASIS	MONTOYA	SPRINT	14-15	MOMIA COACHING
Monica Judith	Araya	Arroyo	SPRINT	14-15	CODEA
NICOLE DANIELA	Verzola	Amador	SPRINT	14-15	CCDR Montes de Oca
Vinicio	Esquivel	Estrada	SPRINT	14-15	
YURLIN	JIMENEZ	ARAYA	SPRINT	14-15	CODEA
ALVARO	CAMPOS	SOLANO	SPRINT	16-17	COOPENAE
Ariana	Gonzalez	Hidalgo	SPRINT	16-17	CCDR Montes de Oca
ARMANDO	BRICEÑO	CONTRERAS	SPRINT	16-17	FUSION 3 LIBERIA
CRISTOPHER	ROJAS	UMAÑA	SPRINT	16-17	CODEA
DANIEL ANDRE	FERNANDEZ	GARBANZO	SPRINT	16-17	SARDIMAR
GLORIANA	HERNANDEZ	LOBO	SPRINT	16-17	CCDR HEREDIA
GUSTAVO	AGUILAR	MONGE	SPRINT	16-17	TEAM TRIBU
JOSE DANIEL	LOPEZ	CASTRO	SPRINT	16-17	CODEA
juan manuel	hernandez	viquez	SPRINT	16-17	CCDR Poás
KAVEN	LEE	ROMERO	SPRINT	16-17	Sardimar
KRISTHEL MARISSA	MASIS	VALDES	SPRINT	16-17	FUSION 3 LIBERIA
Marlon	Chavarria	Delgado	SPRINT	16-17	TRIBELEN
REBECA	HUME	MOLINA	SPRINT	16-17	B-one-B
SEBASTIAN	PAEZ	CARAZO	SPRINT	16-17	THE CREW LAFISE
WINSTON	CAMPOS	VARELA	SPRINT	16-17	CCDR HEREDIA
AARON	ROJAS	BERBEJA	SPRINT	18-23	CCDR HEREDIA
Adrian	Flores	Vega	SPRINT	18-23	CCDR Montes de Oca
Alejandro	Arce	Alpizar	SPRINT	18-23	CCDR Montes de Oca
Andrea	Mendez	Vargas	SPRINT	18-23	CCDR Montes de Oca
ANTHONY	BRENES	CALDERON	SPRINT	18-23	TEAM TRIBU
Anthony	Playmith	Sanchez	SPRINT	18-23	CCDR Montes de Oca
Ariel	Murillo	Rivera	SPRINT	18-23	KAMAKYRYS TEAM
CRISTIAN	HERNANDEZ	URBINA	SPRINT	18-23	ACATRI
DANIELA	MIRANDA	ARAYA	SPRINT	18-23	
DANIELA MARIA	RIVAS	COTO	SPRINT	18-23	ACATRI

David	Gómez	Venegas	SPRINT	18-23	Tri Belén
David	Rojas	Rodríguez	SPRINT	18-23	TRIBELEN
Diego	Arce	Alpizar	SPRINT	18-23	CCDR Montes de Oca
DIEGO	ESQUIVEL	RODRIGUEZ	SPRINT	18-23	CCDR HEREDIA
German Josué	Solís	Guerrero	SPRINT	18-23	Newton y CODEA
Jean Carlo	Solís	Guerrero	SPRINT	18-23	CODEA
Jeffry	Rodríguez	Amador	SPRINT	18-23	Triatlon Turrialba
JOSE ANDRES	CASTILLO	BARQUERO	SPRINT	18-23	CCDR HEREDIA
JOSE ANDRES	NAVARRO	MORA	SPRINT	18-23	ACATRI
JOSUE	ARRIETA	RODRIGUEZ	SPRINT	18-23	SAN CARLOS
LORELLY	ARIAS	PANIAGUA	SPRINT	18-23	
Luis	Cerdas	Bulgarelli	SPRINT	18-23	ForzaVital
LUIS ALONSO	SOLIS	SOLIS	SPRINT	18-23	
Luis Fernando	Quiros	Gamboa	SPRINT	18-23	GUAPILES
MARCO	GARCIA	BATAN	SPRINT	18-23	NEWTON
Maria del Pilar	Alvarez	Fernandez	SPRINT	18-23	STREETWATERTRI
Maria Jose	Solís	Chacón	SPRINT	18-23	
MARIA PAULA	SALAS	SOSA	SPRINT	18-23	
Mauricio	Guell	Romero	SPRINT	18-23	ATHLOS MULTISPORT
MAURICIO	MORA	GONZALEZ	SPRINT	18-23	Momia coaching
MOISES	HIDALGO	RODRIGUEZ	SPRINT	18-23	CCDR HEREDIA
rocio	herrera	campos	SPRINT	18-23	CCDR Poás
Sebastian	Salas	García	SPRINT	18-23	CCDR Montes de Oca
Sebastian	Araya	Marín	SPRINT	18-23	Atletismo del Este
Sebastian	Sandoval	Loría	SPRINT	18-23	CCDR Montes de Oca
SOFIA	MIRANDA	ARAYA	SPRINT	18-23	CCDR HEREDIA
THOMAS	CORDERO	ULATE	SPRINT	18-23	CCDR HEREDIA
VALERIA	CASTILLO	SALAZAR	SPRINT	18-23	CCDR HEREDIA
VALERIA	ZAMORA	ALPIZAR	SPRINT	18-23	MOMIA COACHING
Victor Gabriel	MURILLO	HERNANDEZ	SPRINT	18-23	Alajuela
VICTOR MOISES	VARGAS	CRUZ	SPRINT	18-23	LA BRETANITA
Wendy Edith	Ducreux	Sanchez	SPRINT	18-23	Tritones
ALEJANDRO	CAÑAS	LOPEZ	SPRINT	24-29	CCDR HEREDIA
ALEXANDER	CHAVES	BOLAÑOS	SPRINT	24-29	NEWTON
ALEXANDER	ROMERO	MONTOYA	SPRINT	24-29	
ANDREA	ARCE	CORDERO	SPRINT	24-29	BAXTER
ANDRES	ZUÑIGA	CAMPOS	SPRINT	24-29	SARDIMAR
ANDRES JESE	HUERTAS	FONSECA	SPRINT	24-29	EL TIM
ANGIE	RODRIGUEZ	AVILA	SPRINT	24-29	Palmares Aguas Abiertas
CARLOS	FERNANDEZ	PEREZ	SPRINT	24-29	SARDIMAR
CARLOS	CHAVARRIA	SIBAJA	SPRINT	24-29	
CAROLINA	DURAN	FERNANDEZ	SPRINT	24-29	RIMAC-NEWTON
DAVID	CALVO	CESPEDES	SPRINT	24-29	TICOTLON
DAVID	VALVERDE	SERRANO	SPRINT	24-29	Beat Sports
David	Mena	Cespedes	SPRINT	24-29	
Ernesto	Saborio	Cordoba	SPRINT	24-29	Tri60
Esteban	Castro	Castro	SPRINT	24-29	rance Factory/ Red Sky Cr
GABRIEL	PROTTI	VIQUEZ	SPRINT	24-29	
GABRIEL	DURAN	SAAVEDRA	SPRINT	24-29	LINICA MONTE DE LA CRU
GABRIEL IGNACIO	MOLINA	CASTRO	SPRINT	24-29	
HAROLD	RAMOS	MENDEZ	SPRINT	24-29	COLYPRO
jhonny	fonseca	rojas	SPRINT	24-29	CCDR Poás
JUAN JOSE	PEREZ	GOMEZ	SPRINT	24-29	KAMAKYRYS TEAM
JUAN MANUEL	LOPEZ	CHINCHILLA	SPRINT	24-29	JUST 4 RUN
JULIO CESAR	BALLESTERO	JIMENEZ	SPRINT	24-29	TRIBELEN

Kenneth	Gonzalez	Salas	SPRINT	24-29	HOPONOPONO
KRISTA	HERNANDEZ	RODRIGUEZ	SPRINT	24-29	NEWTON
MARIA FERNANDA	BRENES	MOLINA	SPRINT	24-29	X3ME
MARIANGEL	HIDALGO	CUBERO	SPRINT	24-29	COOPENAE
Mauricio	BARQUERO	VASQUEZ	SPRINT	24-29	MOMIA COACHING
MAURICIO	CAAMAÑO	BEDOYA	SPRINT	24-29	TRITON
Nathalie	CORRALES	ALPIZAR	SPRINT	24-29	ATHLOS MULTISPORT
Oscar	Salas	Vega	SPRINT	24-29	
ROBERTO	GARCIA	QUIROS	SPRINT	24-29	SARDIMAR
Ronald	Matamoros	Cordoba	SPRINT	24-29	ATHLOS MULTISPORT
SERGIO	SOLANO	LOPEZ	SPRINT	24-29	CRPRO
SOFIA	MADRIGAL	SOLIS	SPRINT	24-29	JUST 4 RUN
Tatiana	Quesada	Villareal	SPRINT	24-29	KAMAKYRYS TEAM
ADRIAN	FONSECA	MUÑOZ	SPRINT	30-34	Índole Club-Triton
ALLAN	LOAIZA	LEIVA	SPRINT	30-34	TURRIALBA
ALONSO	Murillo	UGALDE	SPRINT	30-34	
Ana Beatriz	Escalante	Bravo	SPRINT	30-34	Indoor Club
Carlos Alberto	Abarca	Serrano	SPRINT	30-34	CR COCO RENTALS
CARLOS ALBERTO	BOLAÑOS	JIMENEZ	SPRINT	30-34	ATENAS
CENTENO	CLEMENTE	MESES	SPRINT	30-34	
Christopher	JIMENEZ	CALDERON	SPRINT	30-34	NEWTON
CRISTEL	LARA	PETITDEMANGE	SPRINT	30-34	TICOTLON
DALIANA	HEGG	VELEZ	SPRINT	30-34	TICOTLON
Daniel	Quiros	Altamirano	SPRINT	30-34	KAMAKYRYS TEAM
Daniel	HERNANDEZ	ARAYA	SPRINT	30-34	X3ME
DAVID	BENAVIDES	CASTRO	SPRINT	30-34	
DAVID JOSE	FERNANDEZ	ELIZONDO	SPRINT	30-34	
DIEGO	LOPEZ	ZUÑIGA	SPRINT	30-34	X-FIT NEITORS
DIEGO	ORTIZ	CAMPOS	SPRINT	30-34	TWT
Emmanuel	Granados	Godinez	SPRINT	30-34	PZ TRI
ESTEBAN	VARGAS	OVARES	SPRINT	30-34	
FEDERICO	MORA	CAMPOS	SPRINT	30-34	Newton
FELIX	SEGURA	ZARATE	SPRINT	30-34	
John	Garita	Zamora	SPRINT	30-34	NEWTON
JORGE	ROJAS	ALVARADO	SPRINT	30-34	NEWTON
JORGE DAVID	TRAÑA	SOTELA	SPRINT	30-34	TIKOS BIKES
Jose Pablo	Zamora	Alpizar	SPRINT	30-34	
JOSE ROBERTO	VENEGAS	QUESADA	SPRINT	30-34	
JOSUE FRANCISCO	CORDERO	LOPEZ	SPRINT	30-34	2Costa Rica/Super Joseth
KATTIA	SOTO	QUESADA	SPRINT	30-34	Tri training
LUIS DANIEL	PANIAGUA	CHACON	SPRINT	30-34	TICOTLON
LUIS DIEGO	RAMIREZ	VARGAS	SPRINT	30-34	ROES TRI
Marco	Ocampo	Zuñiga	SPRINT	30-34	MOMIA COACHING
Marcos	Jimenez	Delgado	SPRINT	30-34	Comite Garabito
MARIANELA	ZELEDON	BOLAÑOS	SPRINT	30-34	J4F
Pablo	Solis	Barboza	SPRINT	30-34	
PACLO ANDRES	ALVAREZ	ARIAS	SPRINT	30-34	Newton
PAULA	MARMOLEJO	GUELL	SPRINT	30-34	
RICARDO	CORRALES	CAMPOS	SPRINT	30-34	
RICARDO	ESPINOZA	SOLANO	SPRINT	30-34	TRI TRAINING CR
Roberto	Vargas	Leon	SPRINT	30-34	TRIBELEN
RODOLFO	ZELEDON	BOLAÑOS	SPRINT	30-34	NEWTON
RODOLFO	ROMAN	TAYLOR	SPRINT	30-34	
ROLANDO	Gonzalez	PANIAGUA	SPRINT	30-34	
SIDNEY	HADDEN	ULLOA	SPRINT	30-34	THE CREW LAFISE

SOFIA	FERNANDEZ	SANCHEZ	SPRINT	30-34	
Tatiana	Madriz	Chaves	SPRINT	30-34	ATHLOS MULTISPORT
TATIANA	HERNANDES	VARGAS	SPRINT	30-34	ProMotion / My Tag
YESENIA	BRENES	ZUÑIGA	SPRINT	30-34	
ALEJANDRA	HERRERA	SANDI	SPRINT	35-39	Athlos Multisport
Andres	Morera	Perez	SPRINT	35-39	ECO CLUB RUNNING
ANDRES	CALVO	HERRA	SPRINT	35-39	x3me
ANDREY	ROJAS	MURILLO	SPRINT	35-39	PZ TRI
Anne Marie	Haehner	Pozuelo	SPRINT	35-39	RNIER ASISCS SMART LIVI
ARIEL	MONTERO	BLANCO	SPRINT	35-39	NEWTON
CECILIA	MONGE	BONILLA	SPRINT	35-39	
Cristina	Sansonetti	Hautala	SPRINT	35-39	X3ME
Elizabeth	Arroyave	Arroyave	SPRINT	35-39	X3ME
Esteban	Chacon	Benavides	SPRINT	35-39	X3ME
EVELYN	VEGA	NICHOLAS	SPRINT	35-39	TRI TRAINING CR
FERNANDO	GARCIA	JIMENEZ	SPRINT	35-39	SARDIMAR
FREDDY	CARMONA	ARCE	SPRINT	35-39	MOMIA COACHING
HEINER	ESPINOZA	ARAYA	SPRINT	35-39	GOLD GYM ATLANTIS
HERMAN	ORTEGA	CASTILLO	SPRINT	35-39	TSUNAMI TRI TEAM
Isaac	Boza	Rodriguez	SPRINT	35-39	AthlosMultiSport
JEREMMY ANDRES	JIMENEZ	MATA	SPRINT	35-39	JUST 4 RUN
Jessica	Blenco	Ramírez	SPRINT	35-39	X3ME
JONATHAN	MENDEZ	SANCHEZ	SPRINT	35-39	
Jorge	Guillen	Jimenez	SPRINT	35-39	NEWTON
JUAN	MESA	MUÑOZ	SPRINT	35-39	TICOTLON
LAURA	CRUZ	FERNANDEZ	SPRINT	35-39	HYPOXIC
LAURA	VILLALOBOS	CRUZ	SPRINT	35-39	
Laura Patricia	Porras	Murillo	SPRINT	35-39	Pro-Motion
Luis Diego	Castro	Hernandez	SPRINT	35-39	
MARIA LOURDES	ARTIÑANO	GARCIA	SPRINT	35-39	Running Chics
Maria Luisa	Cedeño	Quesada	SPRINT	35-39	XEME
Mario	Vargas	Castro	SPRINT	35-39	ASINTEL
MAUREN	SANDI	CAMPOS	SPRINT	35-39	MR BIKE
MICHAEL	NUÑEZ	QUESADA	SPRINT	35-39	PORTISTAS CON PROPOSIC
NAYURIBE	ARAYA	CERDAS	SPRINT	35-39	FUSION 3 LIBERIA
NILSEN	BUJAN	BOZA	SPRINT	35-39	ALBU SPORT
Oscar	Sauma	Maroto	SPRINT	35-39	
Paulo	Agüero	Rojas	SPRINT	35-39	TRIBU
Philippe	Garnier	Diez	SPRINT	35-39	RNIER ASISCS SMART LIVI
RAUL	ROJAS	SALAS	SPRINT	35-39	TICOTLON
RICARDO	MILLAN	Gonzalez	SPRINT	35-39	INDOOR CLUB
ROBERTO	MACHADO	JIMENEZ	SPRINT	35-39	
SEBASTIAN	SALAS	PEREZ	SPRINT	35-39	TRI BELEN
SERGIO	FONSECA	MUÑOZ	SPRINT	35-39	
VICKY	FISCHEL	ROBLES	SPRINT	35-39	RUNNING CHICS-TRI
WENDY	ARTAVIA	SOLIS	SPRINT	35-39	ATHLOS MULTISPORT
ADRIAN	ALVARADO	MORALES	SPRINT	40-44	Atletismo del Este
Alejandro	Martinez	Araya	SPRINT	40-44	BANCO BCT
Antonio	Roldan	Fernandez	SPRINT	40-44	X3ME
ANTONIO	RUIZ	ROJAS	SPRINT	40-44	
DIEGO	GOMEZ	DUEÑAS	SPRINT	40-44	BikeLab/X3me
Francis	Taylor	Collado	SPRINT	40-44	
Gustavo	Monge	Cerdas	SPRINT	40-44	HYPOXIC
GUSTAVO	CASTILLO	QUIROS	SPRINT	40-44	X3ME TEAM / LFCRC
HENRY	CAMBRONERO	RAMIREZ	SPRINT	40-44	KAMALI TEAM

JAIRO	SAENZ	BARBOZA	SPRINT	40-44	TICOTLON
JENARO	SANCHEZ	ARIAS	SPRINT	40-44	TSUNAMI TRI TEAM
JENNY	Sheffield	ZAMORA	SPRINT	40-44	EMT
JURGEN	CHINCHILLA	SANOU	SPRINT	40-44	COOPENAE
KARLA	BANEGAS	BORBON	SPRINT	40-44	
LAURA	ECHVERRIA	MORA	SPRINT	40-44	JUST 4 RUN
MAICOL	HERNANDEZ	CHAN	SPRINT	40-44	Kaia Wellness
MANUEL	GONZALEZ	RODRIGUEZ	SPRINT	40-44	
MARCELA	MADRIGAL	DUARTE	SPRINT	40-44	
MARIANELA	BADILLA	QUIROS	SPRINT	40-44	THE CREW LAFISE
MIGUEL ALBERTO	ROJAS	FLORES	SPRINT	40-44	ORTHO SMILE
MINOR	MASIS	DURAN	SPRINT	40-44	R TRAINING SWIMMERS C
MONICA	BOLAÑOS	VILLALOBOS	SPRINT	40-44	KAMAKYRYS TEAM
NATALIA	QUESADA	VARGAS	SPRINT	40-44	
OSCAR MARIO	BECKLES	LOPEZ DE LARA	SPRINT	40-44	OSB CONSULTORES
PAUL	Castro	SALMERON	SPRINT	40-44	Tri-Mafia
ROBERTO	HERNANDEZ	VALERIN	SPRINT	40-44	X3ME
William	Zuñiga	Marin	SPRINT	40-44	
Yesenia	Quesada	Viquez	SPRINT	40-44	
ADNRES	MARTINEZ	ARAYA	SPRINT	45-49	BIOFERTIL
ANDREA	FERNANDEZ	GARITA	SPRINT	45-49	
Carlos	HERNANDEZ	PRIETO	SPRINT	45-49	HYPOXIC
ERICK	LONIS	BOLAÑOS	SPRINT	45-49	
GUSTAVO	BADO	ZUÑIGA	SPRINT	45-49	x3me
KARIN	Zurcher	ESQUIVEL	SPRINT	45-49	Running Chics
Marco	Pochet	Melendez	SPRINT	45-49	X3ME
MARCO	CERDAS	BARRANTES	SPRINT	45-49	
ROIG	BRENES	POCHET	SPRINT	45-49	X3ME
ALEXANDRA	GOÑI	VINDAS	SPRINT	50-54	TRI CHICS
Dominique	Cocusse	Joseph	SPRINT	50-54	NEWTON
EDUARDO	MIRANDA	MEZA	SPRINT	50-54	
IGNACIO	HERRERO	KNOHR	SPRINT	50-54	
IRENE	PIZARRO	ARAYA	SPRINT	50-54	TRITON
JUAN CARLOS	VARGAS	FONSECA	SPRINT	50-54	Atletismo del Este
Juan Carlos	Zúñiga	Pérez	SPRINT	50-54	Newton Team
Julius	Landell-Mills		SPRINT	50-54	INDIVIDUAL
Kristina	Herrero	Rochac	SPRINT	50-54	Running Chics
Livio	Lenzini	Lenzini	SPRINT	50-54	AUDAX
LUIS JAVIER	VILLEGAS	CALDERON	SPRINT	50-54	Viva Team
MARCELA	MORA	PERALTA	SPRINT	50-54	MENTE Y CUERPO
MARIA ISABEL	BADILLA	GARRIDO	SPRINT	50-54	VO2 MAX
Max	Sevilla	Vindas	SPRINT	50-54	Smartliving
REINALDO	SANCHEZ	GRILLO	SPRINT	50-54	
Willem	Bujan	Boza	SPRINT	50-54	Delfines Humboldt
EDWIN	MOLINA	RIVERA	SPRINT	55-59	
Tabare	Capltan	Rodo	SPRINT	55-59	TCR
YAACOV	BERMAN	BERMAN	SPRINT	55-59	
YAMIL	BRENES	ROLDAN	SPRINT	60 Y MAS	TRITON
CARLOS EDUARDO	ALVAREZ	RODRIGUEZ	SPRINT	60 Y MAS	
FERNANDO	GONZALEZ	PINTO	SPRINT	60 Y MAS	TIO PELON
NATHIEL	GREW	PARKINGSON	SPRINT	60 Y MAS	GREW
Bryan	Jimenez	Gonzalez	Relevo Sprint	RELEVO	tro Medico Jacsons Memo
Diego	Bolaños	Salas	Relevo Sprint	RELEVO	tro Medico Jacsons Memo
Johan	Cambronero	Cruz	Relevo Sprint	RELEVO	tro Medico Jacsons Memo



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